

# MASTERCLASS

## Metabolic Syndrome in PCOS - The worrisome twosome?

**DATE:** Sunday, 24th March 2024

**TIME:** 8:30 am to 5 pm

**VENUE:** 15th floor (Auditorium), KIMS Hospitals, Secunderabad

**ORGANISED BY**

**The PCOS Society, India**  
in association with **KIMS Fertility Centre,**  
**Krishna Institute of Medical Sciences Ltd., Hyderabad**

**CHAIR, ORGANISING COMMITTEE**



**Dr. Duru Shah**

MD, FRCOG, FCPS, FICS,  
FICOG, DGO, DFP, FICMCH  
Founder President, The PCOS Society, India  
**Director,** Gynaecworld, The Center for  
Women's Health & Fertility  
**Consultant Obstetrician & Gynaecologist**  
Breach Candy Hospital /Jaslok Hospital

**CONVENER**



**Dr. S. Vyjayanthi**

MD, DGO, DNB, MRCOG, MSc  
(Embryology, UK), CCT (UK)  
Subspecialist in Reproductive Medicine &  
Surgery (RCOG, UK)  
**Head of Department & Consultant Fertility Specialist,**  
KIMS Fertility Centre, Krishna Institute of  
Medical Sciences  
**Director & Consultant Fertility Specialist,**  
Mothers-to-be Fertility, Madhapur, Hyderabad

**CO-CONVENER**



**Dr. Kanthi Bansal**

MD, DGO, FICOG  
Managing Committee Member  
The PCOS Society, India  
Director, Safal Fertility Foundation

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PHARMA

**Dear Friends,**


It is indeed a great honour and privilege to invite you to the Masterclass on “Metabolic Syndrome in PCOS - The worrisome twosome”. Conventionally, management of PCOS has focused on infertility, menstrual and cosmetic issues. The need of the hour is to raise awareness amongst clinicians on Metabolic Syndrome in PCOS. This meet focusses on everything a clinician ought to know about the Metabolic Syndrome in PCOS - it's Pathogenesis, diagnosis, screening, prevention and management.

Our aim is to empower gynaecologists, endocrinologists and clinicians in other allied specialties with a thorough understanding of the most recent developments in managing metabolic syndrome in PCOS, which poses a huge health burden. As gynaecologists, we are involved in the healthcare of women from adolescence to senescence and their awareness on this important health issue is crucial. A multidisciplinary team of experts both international and national will present the current evidence based opinion on this subject.

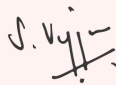
We very much look forward to your active participation at this Meeting, which is organized by The PCOS Society, India in association with KIMS Fertility Centre, Krishna Institute of Medical Sciences, Hyderabad.

Kindest regards.

Sincerely,



**Dr. Duru Shah**  
Chair, Organising Committee



**Dr. S. Vjayanthi**  
Convener



**Dr. Kanthi Bansal**  
Co-Convener

## INTERNATIONAL FACULTY



**Professor Gerard Conway**

MD, FRCP, Professor of Clinical Medicine, University College London  
Consultant Endocrinologist, University College London Hospitals, London



**Dr. Ephie Yasmin**

Subspecialist in Reproductive Medicine & Surgery, RCOG (UK)  
Consultant Gynaecologist & Clinical lead at Reproductive Medicine Unit at UCL, London  
Secretary Elect, British Fertility Society & UK representative on ESHRE Committee.



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## NATIONAL FACULTY



### Dr. Duru Shah

MD, FRCOG, FCPS, FICS, FICOG, DGO, DFP, FICMCH  
Founder President, The PCOS Society, India  
Director, Gynaecworld, The Center for Women's Health & Fertility  
Consultant Obstetrician & Gynaecologist  
Breach Candy Hospital /Jaslok Hospital



### Dr. Shashank R. Joshi

Padma Shri Awardee  
MBBS, DNB, DM, FACE, FRCP  
Consultant Endocrinologist & Metabolic Physician Lilavati Hospital, Mumbai  
Vice President, The PCOS Society, India



### Dr. S. Vyjayanthi

MD, DGO, DNB, MRCOG, MSc (Embryology, UK), CCT (UK)  
Subspecialist in Reproductive Medicine & Surgery (RCOG, UK)  
Head of Department & Consultant Fertility Specialist, KIMS Fertility Centre, Krishna Institute of Medical Sciences  
Director & Consultant Fertility Specialist  
Mothertobe Fertility, Madhapur, Hyderabad



### Dr. Kanthi Bansal

MD, DGO, FICOG  
Executive Committee Member  
The PCOS Society, India  
Director, Safal Fertility Foundation



### Dr. Shobana Patted

MD, DGO, DNB, FICOG  
Director, Patted's Fertility and Research Centre Chairperson, Karnataka Chapter of ISAR 2019-2021  
President KSOGA 2019-2020

## FACULTY



### Dr. Prasun Deb

Consultant Endocrinologist



### Dr. Hari Kumar

Consultant Endocrinologist



### Dr. Smitha Nalla

Consultant Endocrinologist



### Dr. Leenatha Jakkidi

Consultant Paediatric Endocrinologist



### Dr. Kavitha Sakamuri

Consultant Paediatric & Adolescent Endocrinologist



### Dr. Kishore Baske

Consultant Paediatric Endocrinologist



### Dr. V. Dayasagar Rao

Sr. Consultant Cardiologist



### Dr. Sharat Reddy Putta

Consultant Medical Gastroenterologist



### Dr. Nandakishore Dukkupati

Chief Surgeon - Obesity & Diabetes Surgery



### Dr. Diana Monteiro (PhD)

Consultant Psychologist



### Dr. Janaki (PhD)

Nutritionist



### Dr. Latha Sashi

Nutritionist



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## SCIENTIFIC PROGRAMME

Time	Topic	Faculty
08:30 am	Registration	
09:10 - 09:20 am	Welcome and Introduction	Dr. S. Vyjayanthi
09:20 - 09:30 am	Presidential Address	Dr. Duru Shah
<b>09:30 - 11:00 am</b>	<b>SESSION 1 - The Metabolic Syndrome and PCOS</b>	
	<b>Chairpersons - Dr. Duru Shah, Dr. Kanthi Bansal</b>	
09:30 - 09:50 am	Diagnosis and Epidemiology	Dr. Shashank Joshi
09:50 - 10:10 am	Pathogenesis and Risk Factors	Prof. Gerard Conway
10:10 - 10:30 am	Screening and Diagnosis	Dr. Ephia Yasmin
10:30 - 11:00 am	Discussion	
<b>11:00 - 11:30 am</b>	<b>Coffee Break</b>	
<b>11:30 - 12:30 pm</b>	<b>SESSION 2 - Panel Discussion - Prevention of Metabolic syndrome</b>	
	<b>Moderator: Dr. Kanthi Bansal</b>	
	Panelists	
	Dr. Hari Kumar	
	Dr. Leenatha Reddy	
	Dr. Ephia Yasmin	
	Dr. Diana Monteiro	
	Dr. Janaki Srinath	
	Dr. Latha Sashi	
<b>12:30 - 01:00 pm</b>	<b>Inauguration &amp; Lamp lighting</b>	
<b>01:00 - 02:00 pm</b>	<b>Lunch</b>	
<b>02:00 - 03:45 pm</b>	<b>SESSION 3: Life Phases of women &amp; Metabolic Syndrome</b>	
	<b>Chairpersons - Prof. Gerard Conway, Dr. Ephia Yasmin</b>	
02:00 - 02:20 pm	Adolescence - Catch them young	Dr. Duru Shah
02:20 - 02:40 pm	Impact on Fertility	Dr. S. Vyjayanthi
02:40 - 03:00pm	Implications in Pregnancy	Dr. Shobana Patted
03:00 - 03:20 pm	Forty Plus and its challenges	Dr. Smitha Nalla
03:20 - 03:45 pm	Discussion	
<b>03:45 - 04:15 pm</b>	<b>Coffee Break</b>	
<b>04:15 - 05:15 pm</b>	<b>SESSION 4 - Panel Discussion - Management of Metabolic syndrome</b>	
	<b>Moderator: Prof. Gerard Conway</b>	
	Panelists	
	Dr. Prasun Deb	
	Dr. Kavitha Sakamuri	
	Dr. Nandakishore	
	Dr. Dayasagar Rao	
	Dr. Kishor Bhaske	
	Dr. Sharat Putta	
<b>05:15 - 05:30 pm</b>	<b>Closing Remarks</b>	

Registration is Free but Mandatory.  
Last date of Registration is 17th of March, 2024

[Click here to register](#)

[www.pcosindia.org](http://www.pcosindia.org) [@pcossocietyindia](https://www.instagram.com/pcossocietyindia) [The PCOS Society India](https://www.facebook.com/ThePCOSocietyIndia)

[www.kimshospitals.com](http://www.kimshospitals.com) | [www.mothersociety.in](http://www.mothersociety.in)

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This Masterclass has been supported through an unrestricted educational grant from "Torrent"