

Interdisciplinary Management of PCOS

Advanced Certification and Training

DURATION



12 weeks

(Valid for 6 months)

Starting: **21st June, 2024**

Mode: **Online**

Course Fees



INR 10,000

(Including GST)

Who can do this course?

Qualified Professionals

Gynecologists, Endocrinologists, Diabetologists, Dermatologists, Physicians, Family Physicians, Ayurvedic and Homeopathic Practitioners and Nutritionists

* Medical degree from a recognized university

** Graduation & Post Graduation in Nutrition & Dietetics from a recognized university

Course Directors



Dr. Duru Shah

Eminent Gynaecologist,
President,
The PCOS Society of India



Dr. Jagmeet Madan

Eminent Nutritionist
Principal,
SVT College of Home Science
(Empowered Autonomous Status)
SNDTWU, Mumbai

Course Co-ordinators



Ms. Ruby Sound

Consulting Nutritionist
Managing Committee Member
The PCOS Society of India



Dr. Nisha Bellare

Consulting Nutritionist
Assistant Professor,
SVT College of Home Science
(Autonomous Status), SNDTWU,
Mumbai



Register now at The PCOS Society of India

<https://www.pcosindia.org/IMPACT-Course.php>

UNIT	MODULES	TOPICS	FACULTY
I. Learnings from Medical Experts	Overview of PCOS	Overview of PCOS	Dr. Madhuri Patil
	Diagnosis and Evaluation of PCOS	Criteria for diagnosing PCOS	Dr. Pratap Kumar
		Evaluation of PCOS	Dr. Nalini Mahajan
	Gynecological Medical Management	Menstrual Dysfunction	Dr. Padma Rekha Jirge
		Fertility	Dr. Duru Shah
		Contraception	Dr. Shobhana Patted
		Pregnancy issues	Dr. Uday Thanawala
		Cancer	Dr. Madhuri Patil
	Dermatological manifestations	Acne	Dr. Gulrez Tyebkhan
		Hirsutism	Dr. Rasya Dixit
		Acanthosis Nigricans and Skin Tags	Dr. Rasya Dixit
		Alopecia	Dr. Urmila Nischal
	Endocrine disorders	Metabolic Syndrome	Dr. Piya Ballani
		Obesity	Dr. Mirudhubashini Govindarajan
		Insulin Resistance	Dr. Shashank Joshi
		Hyperandrogenism	Dr. Ganapathi Bantwal
		Bariatric Surgery	Dr. Ramen Goel
	Surgical Management of PCOS	Laparoscopic Ovarian Drilling	Dr. Sujata Kar
Sleep Apnea		Dr. Suma P Kumar	
Co-morbidities	Anxiety and Stress	Dr. Sapna Bangar	
	Eating Disorders	Dr. Uttara Chari	
	Overview of MNT in PCOS	Overview of MNT in PCOS	Dr. Jagmeet Madan
II. Learnings from Nutrition Experts	Nutritional management	Macronutrients	Ms. Sheryl Salis
		Micronutrients	Dr. Nisha Bellare
		Functional foods in PCOS	Ms. Niti Desai
		Anti-inflammatory Nutrients	Dr. Jagmeet Madan
		AGE in foods	Dr. Jagmeet Madan
		Endocrine Disruptors	Dr. Nisha Bellare
		Nutrition Supplements in PCOS	Dr. Nisha Bellare
	Nutritional management of special cases	Obese PCOS	Ms. Niti Desai
		Lean PCOS	Ms. Niti Desai
		Hypothyroidism	Ms. Ruby Sound
Role of exercise in PCOS	Diabetes and prediabetes	Ms. Sheryl Salis	
Role of exercise in PCOS	Role of exercise in PCOS	Dr. Ranjani Harish	
Role of Psychological counselling and behavior modification in PCOS	Role of Psychological counselling and behavior modification in PCOS	Dr. Vidyulatha Ashok	
III. Interface between Medical and Nutrition Experts through Case based discussion			

Technical Support by



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OR

IN CASE OF ANY QUERIES, WRITE TO US AT

courseimpact2024@gmail.com

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